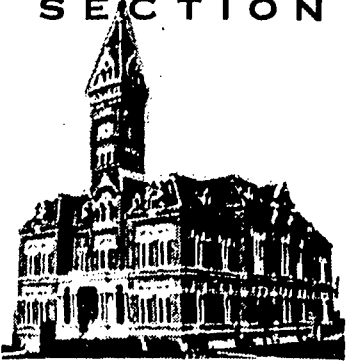


Northwest Missourian



THURSDAY, FEBRUARY 29, 1996

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NORTHWEST MISSOURI STATE UNIVERSITY

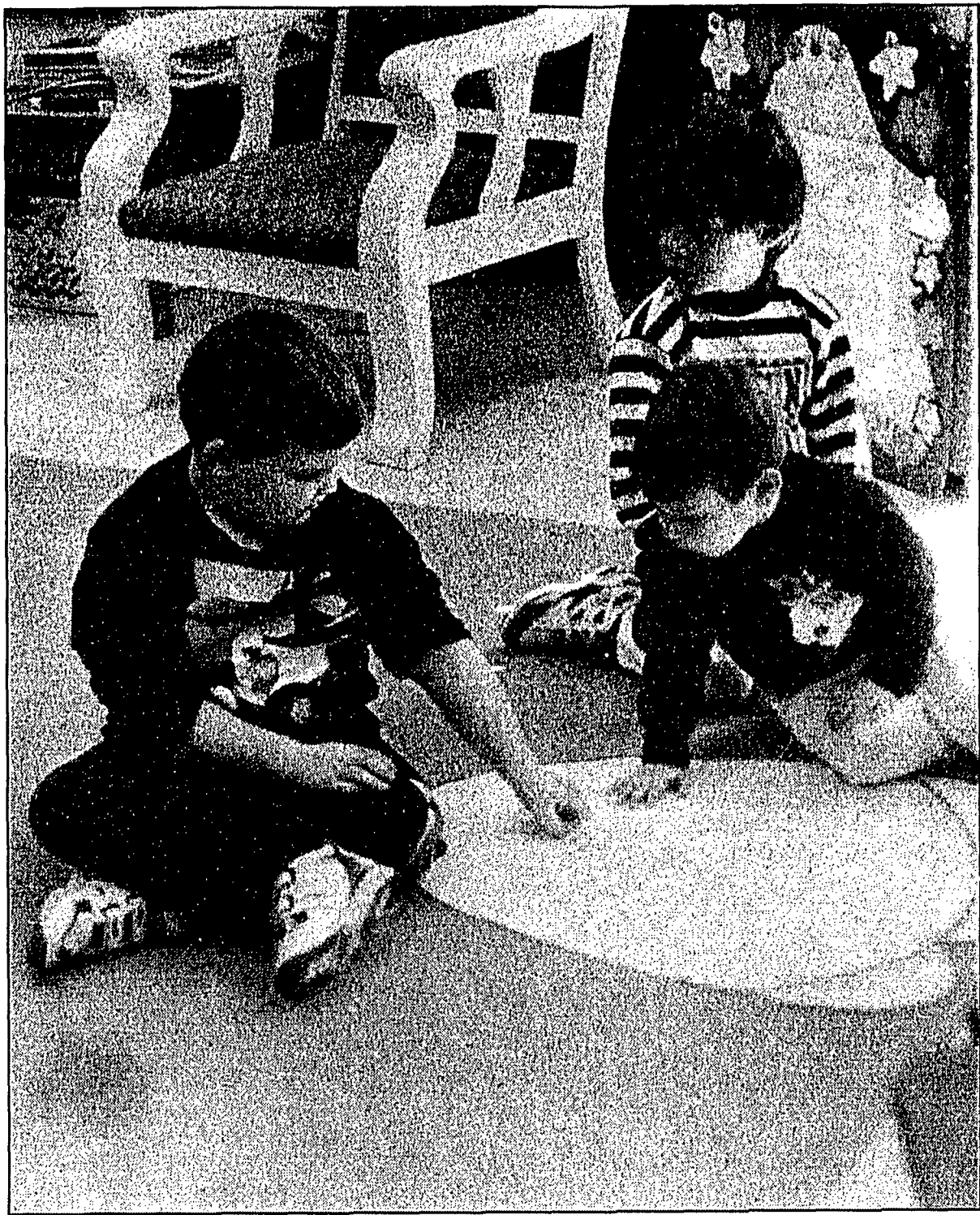
MARYVILLE, MO 64468

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A prehistoric adventure

Preschoolers from St. Gregory's look at the tracks left by dinosaurs. The children have spent the last month learning about dinosaurs. As part of a special joint project with the University, the preschoolers will be on campus viewing dinosaur bones in Garret-Strong

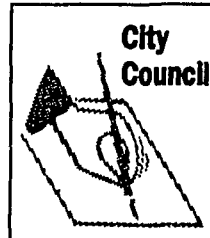
JACY FREAR/
Chief Photographer



City hears concerns

Residents oppose hunting at Mozingo Lake; cite safety reasons during Council meeting

SUSIE MIREs
SENIOR REPORTER



Concern over hunting at Mozingo Lake brought several Maryville residents to Monday night's City Council meeting.

More than 15 individuals addressed the Council on reasons why they thought hunting should not be permitted at the recreational facility.

"We need one place in Nodaway County where wildlife is not disturbed by hunting," Kermit Posten, high school biology instructor, said. "We need a place where students from elementary through post-secondary can study wildlife in their natural setting."

Opponents of hunting addressed several issues, including the safety of individuals at the lake if hunting were allowed and the availability of other hunting areas for public use.

"Nodaway County has a lot of great hunting areas, and it would be wonderful if everyone could use the Mozingo area for whatever they want with the exception of hunting," Kirby Goslee, of Skidmore, said.

David Easterla, University biology professor and wildlife specialist, said if hunting were permitted, it would affect the types of birds and wildlife that would be available for the public to observe.

"If every member of the public required their own portion of Mozingo, I don't think there would be very much left," Easterla said.

Some individuals were concerned because they believed that hunting was never an original goal of the Mozingo project.

"As a taxpayer and a voter, I feel a little cheated," Sue Emerson, of Maryville, said. "I thought I was voting for a recreation area, which to me does not include hunting. I feel like something has been taken out of my hands, and I want it back."

► COUNCIL, page B4

Board addresses Mozingo issues

Boating regulations, road development raise local concerns

ROB J. BROWN
CHIEF REPORTER

As Mozingo Lake continues to fill with water, many concerns are filling taxpayers' heads.

One of the rising topics at Mozingo is the boating regulations that will set what length or horsepower of boats can occupy the lake.

The Mozingo Advisory Board takes the responsibility of informing the City Council members about issues at Mozingo and makes suggestions on topics upon which the Council will vote.

"We settled on 24 feet for ski boats, 28 feet for pontoon boats and to allow jet skis," Jeff Funston, board member, said.

Kris Frankum, longtime boating advocate, said the need for regulations is prominent.

"There is a need for regulations," Frankum said. "The 24-foot length limit will be a very logical and a smart approach to controlling the water."

The board also approved that boats can have unlimited horsepower on the 100-plus acre lake.

Funston said the committee approved the unlimited horsepower because it was in the best interest of the residents approaching the board.

"The people said that horsepower has very little to do for safety on lake," Funston said.

Enforcement of the regulations will be handled by a part-time water safety patrol, and, if needed, Maryville Public Safety. Although these groups are expected to keep a watchful eye on the lake, Funston hopes boaters will be on the lookout for reckless drivers.

"Self enforcement between boaters will be a big help," Funston said.

Another concern stemming from

Mozingo is the development of the entry road exiting from U.S. Highway 136 and into the park.

David Middleton, superintendent of street department and Mozingo recreational area, said the road will stay gravel but will undergo some improvements.

"The road will be gravel for the time being," Middleton said. "We can put on some dust deterrent that will keep the dust down and put some finer gravel down."

Some citizens are concerned that if the roads stay gravel, it might add minor damage to their boats.

"I'd like to have paved roads out there," Frankum said. "It wouldn't be good having rocks flying up and hitting new boats that would constantly be using the road."

Middleton said the main construction is taking the forefront of development although he envisions in years to come there will be a permanent entrance road.

The entrance to Mozingo off of Highway 136 is also a topic of interest. Recreational vehicle owners are worried about the safety of making the turn onto the road from the highway. When drivers are headed east attempting to enter Mozingo, the turn poses a risk because the visibility of the westbound traffic is blocked.

"We have been working with the city and monitoring the problem," said Garry Chegwiddden, district supervisor of State department of Highways and Transportation. "We told the city we can put warning signs to advise motorists of the intersection."

A solution previously discussed was to level out the hill that blocks the vision of drivers. This option was looked into and the price tag was estimated at more than \$1 million.

"This has been a longtime coming project — people will just have to wait a little longer," Middleton said. "A project this big does not happen overnight, but we are getting closer every day."

CAMPAIGN '96

Buchanan appeals to blue-collar workers

Candidate denounces big government, big business, bureaucrats

HAWKEYE WILSON
POLITICAL CORRESPONDENT

With the Republican field narrowing after each primary and caucus, one of the front-running candidates, Pat Buchanan, has appeared as a populist, appealing to voters through the denouncement of both big business and big government.

Buchanan has sided with popular campaign slogans of isolationism and opposing free trade agreements like the North American Free Trade Agreement and the General Agreement on Tariffs and Trade while ridiculing Washington insiders and "faceless bureaucrats."

Economics professor Mark Jelavich said Buchanan is scaring people because of his stances on trade and immigration.

"I don't like his protectionist stance, and I think he is wrong on immigration," Jelavich said. "He

sounds half like a left-wing liberal and the other half like a conservative Republican. I think he's playing the demagogue issue."

Public administration major Doug Whitaker said the Republican nomination process, while being tumultuous and volatile, has not fully produced a candidate to challenge President Bill Clinton in the general election.

"This whole race is up in the air," Whitaker said. "It depends on how (Bob) Dole can project himself in the upcoming states. As long as Dole

continues to be the typical Washington politician, Buchanan will continue to do well."

Not a newcomer to the political scene, Buchanan has worked for three presidents: Richard Nixon, Gerald Ford and Ronald Reagan. He had challenged Bush for the 1992 presidential Republican nomination and lost after receiving three million Republican primary votes.

Philosophy major Matt Barry said Buchanan's stances on improving the

► BUCHANAN, page B4

Agency brings monies home

Northwest Missouri Regional Council of Governments secures city, county success



As people drive or walk down West Third Street, they pass a docile little building with the words Northwest Missouri Regional Council of Governments on a sign outside.

Some may notice the sign, thinking it is some sort of government agency, but few will realize that this building houses a group which is vital to the success and survival of Maryville and Nodaway County.

The council's executive director, Randy Railsback, said the purpose of the council is a simple one.

"We go in and do things for the county and city that no one on their staff can do," Railsback said. "We basically deliver services from the state government to city and county governments."

Railsback said the services the council render are wide ranging.

"We help get grants for infrastructure projects such as roads, sewage and solid waste," he said. "We also help with tourism, getting factories located, job training, working to get block grants from the government, planning what to do with the grants, about anything that the city or county government needs help with in dealing with the state government."

Railsback said the council played a vital role in procuring disaster relief after the floods of 1993.

"We worked extensively with FEMA (the Federal Emergency Management Administration) after the floods to get aid to the city and county," Railsback said.

For the most part, the council fills out applications and makes proposals and presentations to state and federal governments which enable the city and county government to receive the aid they deserve.

The council also helps cities and counties make proposals to businesses and industries looking to move into their area.

"Basically, we'd make up an almost advertising plan to draw in the industry into the area," he said.

The council, which is one of 19 in Missouri, was created in 1970 in conjunction with a state statute calling for such agencies.

Though the council was created through a governmental mandate, Railsback said it is not a complete governmental agency.

"We're a quasi-governmental agency," he said. "We get a small amount of funding from the govern-

ment, but the majority of it comes from fees the cities and counties pay to us."

He said all counties and cities that wish to receive the council's services pay 20 cents per resident.

He also said no government is forced to pay for the service although 42 towns in the five-county area of Atchison, Holt, Worth, Gentry and Nodaway, along with the county governments, do pay to have the council work for them.

The council also receives small portions of block grants as administrative fees when it helps governments receive them.

Railsback said the group does some jobs without pay, however.

"We don't charge for some grant planning we do," he said. "We're here to help counties and cities, but we do have to pay our staff of workers."

The council, a non-profit organization, is ruled by an executive committee of citizens from local counties and cities. Maryville's representative is Bridgett Brown of Cotter Travel.

Compiled from Missouriian staff reports.

Calendar

Thursday, Feb. 29

8 p.m. Laclede Quartet of St. Louis will perform at the Conceptions Seminary College in the St. Michael Hall Gymnasium.

Saturday, March 2

8 p.m. Levis & Laces Square Dance Club dance will be at the Maryville High School. The caller for the evening will be Roberta Renicker.

Saturday, March 9

7 p.m. KQTV, Maryville Community Celebrities Basketball game will be at the Maryville High School Gym. All proceeds will go to support Project Prom and Graduation.

Sunday March 10

1:30 p.m. Under age 19 soccer tryouts will be held at the Northwest soccer field. For more information call 582-4051.

Thursday, March 17

The Soroptimist International of Maryville's annual food and fun night will take place at the Senior Citizens Center.

Upcoming Events

Order Spring Daffodil's by March 14 with March 18 delivery. Flower proceeds will support the American Cancer Society of Nodaway County. For more information, call 582-4852

7 p.m. March 24 Brass and Bells concert at the Mary Linn Performing Arts Center. The concert is free to the public.

Alcoholics Anonymous meetings take place at noon Mondays and Thursdays at the Wesley Center.

Controversial bills face legislators

Safeschool bills cover suspensions, felonies, corporal punishment

ANDREA FRIEDMAN
SENIOR REPORTER

Missouri schools may soon be required to approach safety issues differently if three bills before the Missouri House and Senate are passed.

The "Safe Schools" bills would require proof of student residency before being allowed to enroll in a public school. Juvenile officers will also be required to inform school officials if a student has committed a

serious crime.

Assaulting a teacher would become an automatic felony, and schools would be allowed to deny admission to students who have been suspended or expelled from their former school districts.

Another provision of the legislation would allow parents to "opt out" of the use of corporal punishment on their child. Missouri is one of 13 states where corporal punishment is still allowed in all school districts.

Joyce Richardson, assistant director of Horace Mann school, said some Missouri educators and legislators would like to see some changes made in the legislation before it is passed.

For example, right now the legislation requires the school district to educate a student even after the student has been suspended.

"If a child was suspended in November for the rest of the school year because of a felony, the school district is still responsible for educating that child at home," Richardson said. "The teacher might have to go into his home every day. (Educators) are trying to remove some of that language (from the bills)."

Richardson said educators would also like to eliminate provisions that would require all suspensions to be served in school unless the student poses a danger to himself or others.

Educators are also asking for an amendment to eliminate the requirement for a school conference to determine whether or not a student suspended in one district can change to another without records.

Richardson said educators are also not in favor of allowing parents to "opt out" of having corporal punishment or any other specific discipline.

"When parents start telling us how to discipline the kids, then there's no congruity in the building, let alone the district," Richardson said.

Richardson said a lot of the "Safe Schools" legislation will have a lot of additional responsibilities on school officials.

"Teachers and administrators have enough to do without also monitoring, doing all the counseling and so forth," Richardson said. "We do need to make sure that some of these amendments do get in and get passed. Otherwise, educators are going to be faced with many things that they don't have time to do and are not trained to do."

Gary Bell, superintendent of Maryville Public Schools, said if the bills are passed, it won't create major problems for Maryville.

"We do have our discipline problems," Bell said. "But we feel that some of this is aimed at larger schools and other areas."

Highway accident

Ron Christian, Maryville Public Safety Lt., said Don Llinger, of Rockport, was heading south on U.S. Highway 71 when he slammed on his breaks at the bypass intersection and slid into Jerry Sloan, of Burlington Junction, who was driving a freight-liner truck that was heading north. Llinger, 81, was transported to St. Francis Hospital with minor injuries.

JENNIFER STEWART/
Chief Photographer



InBrief

Scouts establish new Explorer Post

Young adults with an interest in fire fighting vocationally or avocationally are invited to "First Nighter."

This showcase will take place at 7 p.m. on Wednesday, March 6 at Maryville Public Safety headquarters.

This is the first scheduled event in the formation of a Boy Scouts of America Fire Fighting Explorer Post.

The Explorer post is being sponsored by the Maryville Public Safety Department with support from the Otoe District of the BSA's Pony Express council.

Literature describing the Explorer post will be available and will explain that the scouts will be supportive of the trained members of the Public Safety Department.

Current Boy Scouts can transfer into the Explorer Post without any additional costs. Those wishing to become members of the Boy Scouts of America and the Explorer Post can do so with \$7.

Easter's

Super Store

Home of Everyday Low Prices

1201 S. Main • Maryville, MO • 582-2104

Prices Good: Feb. 29 - March 6, 1996

**Rick
Snow-White
Cauliflower**

89¢ EA.

**Corquita
White or
Red Grapes**

99¢ lb.

**Premium Fresh Dole
Strawberries and Asparagus**

**Pirate
Chum Salmon**

99¢
15.5 oz.

**Hormel
Little Sizzlers** **69¢**
Links or patties 10-12 oz.

B.B.Q. Time!

80% Lean Fresh Ground Beef

8-10 lb. packages **\$1⁰⁹** LB.

USDA Choice T-Bone Steaks **\$3⁹⁹** LB.

USDA Choice Porter House Steaks **\$4⁹⁹** LB.

USDA Choice Boneless Rib-Eye Steaks **\$4⁹⁹** EA.

"America's Cut" Fresh Boneless Pork Chops **\$3⁹⁹** LB.

**Las Camponos
Burritos**

99¢
10 PACK

**Green Giant
Premium Vegetables**

Cream style, Whole Kernel, or Niblets
Corn, or French, Cut, or Kitchen Green
Beans, or Sweet Peas

3 for 99¢
15-16 oz. can

Jury selection could change

Missouri House bill may permit younger jurors in courtroom

COLLEEN COOKE
FEATURES EDITOR

With several bills floating around the Missouri Congress, state residents may expect to see a few key changes in the way they are asked to serve on juries.

On the forefront of these changes is a proposal to allow 18-20-year-olds to serve on juries. However, those full-time students who go to school more than 50 miles from home would be excused.

According to the summary of the bill on the Missouri House of Representatives page on the World Wide Web, proponents of this bill argue that currently Missouri and Mississippi are the only states that do not include 18-20-year-olds in jury pools.

Glen Dietrich, associate circuit judge for Circuit IV, said he thinks the bill is being introduced not just to increase the size of the jury pool, but also to make the law more inclusive.

"I think the thought is ... that obviously 18-year-olds can vote and they're adults in about every other purpose except buying and consuming alcoholic beverages, so persons between 18 and 21 ought to be entitled to serve on juries," he said.

If passed by the House and Senate, this proposal would take effect Aug. 28, according to the bill's page on the internet.

However, 18-20-year-olds may

not be the only Missouri residents affected by other proposed changes to the jury system.

HB 814 would provide that a driver's license contain information that includes the county of residence or a code number that would correspond to that county. Pat O'Riley, court clerk for Circuit IV, said implementing this bill would make it easier for potential jurors to be notified of jury duty.

HB 774 would permit six-member juries for associate civil cases and misdemeanor cases heard before an associate circuit judge. Dietrich said as of now, six-member juries are used primarily for federal court for cases that fall under federal law.

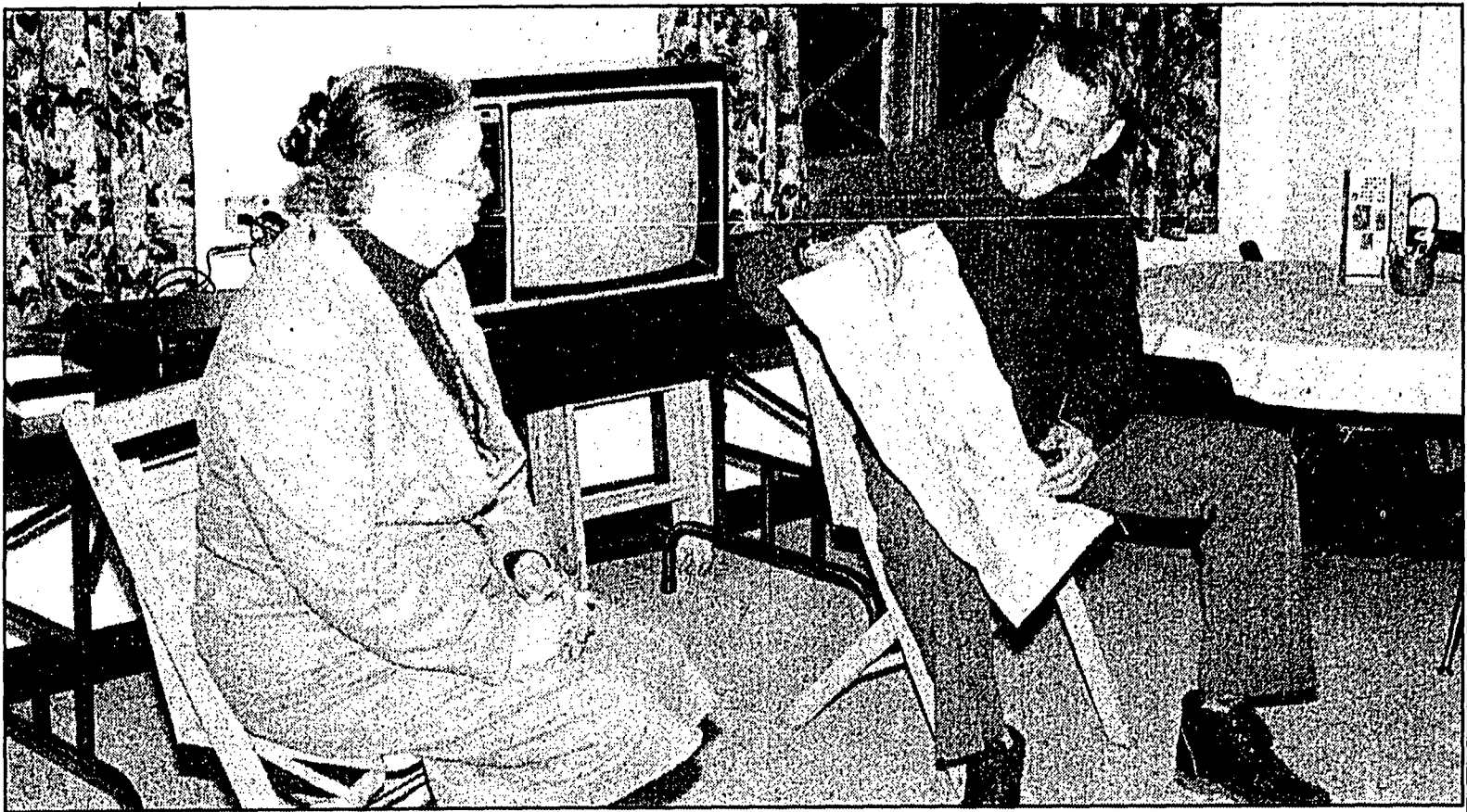
Three amendments to HB 1197 would dramatically change the way jurors conduct themselves in court:

- any member of the jury may take notes in any trial

- any member of the jury may question any witness in writing to the judge, who will then ask the witness such questions

- the jury will have the power to ignore the law and vote their conscience in any case where the government is a party. The bill prohibits the courts from infringing upon this power through Supreme Court rule, court order or jury selection methods. It also allows parties to argue the constitutionality of a law before the jury.

While he believes the other proposals regarding juries stand a good chance of being passed, O'Riley said these last three amendments may have a tougher time passing through Congress.



INDIRA EDWARDS/Missourian Staff

Meeting for a discussion. Fr. Lawrence Lewis, vicar of St. Paul's Church, shares his experience with the group. In addition to the church's Heartland

Share Program, the church members occasionally come together to have dinners and group discussions.

St. Paul's understands value of giving

Heartland Share helps to set dinner tables for volunteers

JENNIE NELSON
CHIEF REPORTER

Volunteering usually results in a warm feeling in the heart, but for members of the Heartland Share program, it also results in a bag of groceries in the hand.

The Heartland Share program, locally sponsored by the St. Paul's Episcopal Church, provides members of Maryville and surrounding communities with over \$30 individually of groceries a month in return for \$14 and two hours of volunteer work per share.

Helen Jenkinson, a founder of the Maryville distribution point, said the program works well because of its value.

"It just works so well because you get double your food for the price you pay," she said.

Jenkinson said the program was started in Maryville in 1993 when money for donations to flood victims came pouring in.

"We (St. Paul's) received money from different congregations to aid the flood victims of '93," she said. "So we thought about how to put that money to use, and we came up with the idea of buying food shares."

The church purchased food shares until they ran out of money, she said. They then found out about the national Heartland Share Program.

"We thought it would be a good way to interact with the community, so we decided to sponsor it," Jenkinson said.

The regional base of the program is in Topeka, Kan., which has a warehouse of food.

It purchases seasonal food at low costs and distributes the food to sponsor sites each month. Carol Jean Osborn, coordinator of the Maryville program, then organizes the pick up of the food at St. Paul's.

The church is where the members of the program can pick up their food like Maryville, Pickering, Hopkins and Barnard.

"You don't know what (food) you are going to get," Jenkinson said. "Saturday we got frozen chicken, frozen fish, ham, potatoes, apples, or-

anges, pears and strawberries. But the fruit and vegetables are always fresh. You never get things that are canned."

Jenkinson said members of Maryville have purchased around 150 shares of the program. Some individuals purchase more than one share.

"Anyone who eats and volunteers two hours of community work can participate," she said. "There are no requirements (on) who can be in the program."

She said the program has benefited the community.

"It encourages volunteer work, and it also rewards people who already do do volunteer work," she said. "We encourage everyone to participate."

Give us a call at 562-1224 with your nominations for our March volunteer of the month.

Get ready for St. Patrick's Day

The next Northwest Missourian will publish on March 14. The advertising department will be featuring a special, similar to other special holidays, just for lucky advertisers.

If you are interested in advertising, and have not been contacted, please call us at 562-1635 and we will help you find your pot of golden customers.

INTERFRATERNITY COUNCIL

Salutes:

Dr. Richard Weymuth
Faculty member of the month

Corey Strider
Student of the month

Sport Shop

418 Main Maryville, MO

582-5871

2nd Place

Kandee Cummins-Eugene Field Elementary
Prize Donated by KDLX

Passports-Tickets-grouptrips-Tennessee-Florida-Ohio-St. Louis-Pennsylvania-Missouri-Jamaica-trance-branson-show-a-

Travel with US!!

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Kara Adams-Eugene Field Elementary
Prize Donated by Hallmark

John's Hometown Market

1st Place

925 North Main
Maryville, MO
582-8198

Hallie Blackney-Eugene Field Elementary
Prize Donated by KDLX

Isolationist gains strong support



"Illegal immigration would be

"The thing I like about him is his balls; he can take the heat and he won't compromise," Wilson said. "He hasn't held office before and that will

"I think it's good that he is talking about the issues like NAFTA, but the message is tainted by the messenger," he said.

Results for the Campaign Scorecard are taken from Election Line, a web page from ABC News, *The Washington Post* and *Newsweek*.

CAMPAIGNSCORECARD	R. Candidates	Arizona Primary (39)	N. Dakota Primary (17)	S. Dakota Primary (18)	Total
	L. Alexander		1	–	11
	P. Buchanan		3	7	39
	B. Dole		8	11	35
	B. Dornan		–	–	–
	S. Forbes	39	4	–	60
	A. Keyes		–	–	4
	R. Lugar		–	–	–
	M. Taylor		–	–	–

"We hadn't planned on buying a grader, but we thought it was a good deal, which would help us update our

An ordinance that would ban leaf burning in the city failed to pass on Monday. The Council also discussed ordinances regarding storm water management and the construction of a compost center. A vote on those issues will take place at the next City Council meeting at 7 p.m. March 11 in the Council chambers.

The festivities, which will begin with ribbon-cutting ceremonies at the

Tim and his wife are expecting their first child on March 7.

golden
corral

And I Mean golden:

Yum

1st Place
Missourian
Northstar

1006 S. Main
Maryville Mo.

Ruguya Almuttar-Horace Mann Lab School

POLICE REPORTS

Thursday, February 29, 1996

NORTHWEST MISSOURIAN Page B5

Police Reports

These reports are taken from the official reports that Maryville Public Safety and the Nodaway County Sheriff's Department receive.

■ Feb. 4 - Joshua C. Purdy, 18, of Winterset, Iowa, and Wesley R. Calfee, 19, of Bedford, Iowa, were arrested for minor in possession. They were both released on summonses.

■ Feb. 6 - Terry A. Chesnut, of Skidmore, reported the theft of a football jersey, neckroll and eyeglasses from the Nodaway Holt High School. These items were valued at \$156.

■ Feb. 8 - James E. Boyd, Jr., 23, of St. Joseph, was picked up from Buchanan County on a Nodaway County warrant for probation violation. He was released on bond.

■ Feb. 8 - Michelle D. Claussen, 20, of Maryville, was arrested on a Nodaway County warrant for passing bad checks. She was released on bond.

■ Feb. 9 - Jason P. Wiggins, 17, of Clearmont, was arrested on a Nodaway County warrant for probation violation. He was being held on \$10,000 bond at the time.

■ Feb. 9 - Randy Mazingo, of Maryville, reported vandalism to his vehicle. The window had apparently been shot out by an air gun. Damage was estimated at \$85.

■ Feb. 13 - Richard L. Boyd, 16, was arrested on a Nodaway County warrant for statutory rape, burglary and stealing. He was being held on \$25,000 bond at the time.

■ Feb. 14 - Kyle D. Mitchell, 39, of Maryville, was arrested on a Nodaway County warrant for failure to appear on a driving while suspended charge. He was being held on \$1,000 bond.

■ Feb. 15 - Douglas S. Carter, 17, of Maitland, was arrested on a Nodaway County warrant for assault in the second degree. He was released on \$10,000 bond.

■ Feb. 15 - Robert J. Raymer, 19, of Skidmore, was arrested on a Nodaway County warrant for unlawful use of a weapon. He was being held on \$5,000 bond.

■ Feb. 16 - Officers assisted the Iowa State Highway Patrol and the Missouri State Highway Patrol on a traffic stop one mile south of Braddyville, Iowa. Paul C. Baughman, 43, of Fremont, Neb., was arrested by the Iowa authorities and was released to them after waiving extradition.

■ Feb. 18 - Officers took a report of a runaway juvenile from Pickering. The juvenile was later found in Iowa and was returned to her parents.

■ Feb. 18 - Wilber Lee Emery, 39, of Ravenwood, was arrested on a Nodaway County warrant for probation violation. He was released on \$10,000 bond.

■ Feb. 18 - Fire units responded to a grass fire south of Maryville. The fire extended to the property owned by another person. The fire was quickly brought under control and contained to the grass. The cause of the fire was from a burning trash barrel which spread under strong wind.

■ Feb. 19 - Fire units responded to a fire in the paper grinder on campus. A fire was smoldering in the paper grinder and its contents. The contents of the grinder were removed. After a follow-up investigation, the cause of the fire is thought to be from friction of a wire against the hammer mill shaft.

■ Feb. 19 - John P. Laffey, of Maryville, pulled from a stop sign into the path of Heather A. Vinzant, of Maryville. Laffey received a citation.

■ Feb. 19 - Christopher A. Trueblood, 18, of Maryville, was arrested on a Nodaway County warrant for statutory rape and sodomy.

He was being held on \$25,000 bond.

■ Feb. 19 - Officers discovered vandalism to a Missouri Conservation Department sign at the river access at Arkoe. The sign had been cut in half apparently with a chainsaw.

■ Feb. 19 - Officers took a report of a runaway juvenile from Maryville. The juvenile was later returned home.

■ Feb. 20 - Richard T. Pope, of Pickering, was east on first and made a left turn in front of Brenda L. Jennings, of Stanberry. Pope received a citation for failure to yield.

■ Feb. 20 - Kelly R. Morrison, of Hopkins, reported vandalism to his real estate office in Hopkins. A window at the office had been broken out with a rock. No value was given.

■ Feb. 21 - A local business reported that a male subject had rented a video and has failed to return it.

■ Feb. 21 - Andrew P. Letlich, 20, of Clarinda, Iowa, was arrested for failure to appear. He was released after posting bond.

■ Feb. 21 - Christine M. Massey, 18, of Maryville, was served a warrant for failure to appear. She was released after posting bond.

■ Feb. 21 - Geneva M. McAmis, of Maryville, stopped at a posted stop sign in the 800 block of West First. She then attempted to cross First when she struck Anna L. Fisher, of Maryville, who was west on First. Fisher then slid across the roadway ending up in a ditch. McAmis received a summons for failure to yield.

■ Feb. 21 - Barbara L. Heflin, of Maryville, was pulling from a parking space and stuck Lisa G. Stubbs, of Savannah. Heflin received a summons for failure to yield.

■ Feb. 22 - Thomas E. Alvarez, 26,

of Maryville, was served a warrant for failure to appear. He was released after posting bond.

■ Feb. 22 - A Maryville female reported that another female subject had attempted to assault her.

■ Feb. 22 - Karen Hiebenthal, 18, of Herman, Neb., was arrested on a Nodaway County warrant for probation violation. She was being held on \$10,000 bond.

■ Feb. 23 - A local business reported that a female subject had attempted to leave the building without paying for two bottles of alcoholic beverage. She was stopped by two employees, at which time she sat the bottles on the floor. When the employee turned around, she ran out the door. Angela M. Larkins, 19, of Gladstone, received a summons for minor in possession and larceny.

■ Feb. 23 - A Maryville male reported he had been threatened by another male subject.

■ Feb. 23 - Marvin W. McMichael, 25, of Maryville, was served a warrant for failure to appear. He was released after posting bond.

■ Feb. 23 - Fire unit responded to the 500 block of West Fifth in reference to smoke. No smoke was seen, and after checking the residence, no fire was found.

■ Feb. 23 - A fire unit responded to a grass fire. It was determined that it was a brush pile burning. The fire was contained to a brush pile.

■ Feb. 23 - Officers responded to a complaint of a loud party in the 500 block of West Cooper. Jason E. Littlejohn, 21, was issued a summons for a peace disturbance. The party was shut down.

■ Feb. 23 - A Maryville man reported he had lost his blue nylon tri-fold wallet which contained several credit cards, his driver's license and \$20

cash.

■ Feb. 23 - A Heilig-Meyer Furniture Co. vehicle was parked and was struck by another vehicle that left the scene.

■ Feb. 23 - Timothy J. Catlett, of Maryville, said his vehicle had been struck by another unknown vehicle.

■ Feb. 23 - Randall R. Kinder, 45, of Maryville, received a summons for affray (fighting) and Earl J. Howard, 27, of Maryville, received a summons for affray and disorderly conduct by profanity in public.

■ Feb. 24 - A Maryville female reported she lost the front license plate off her vehicle.

■ Feb. 24 - Rebecca L. Youngs, of Maryville, reported she did not see the stop sign and proceeded to enter the intersection of Sixth and Buchanan, causing Brenda K. Stephens, of North Platte, Neb., to strike her vehicle. Youngs received a citation for failure to stop at a posted stop sign.

■ Feb. 24 - A Maryville female reported the theft of her billfold from the 300 block of North Main where she had left it laying on a chair. It contained \$30-\$35 cash and a checkbook.

■ Feb. 25 - Darin J. Bergmann, 22, and Antonio M. Torrez, 21, received a summons for a peace disturbance and receiving stolen property. Carra R. Ramsey, 18, of Maryville, received a summons for minor in possession.

■ Feb. 25 - A Maryville female reported that while her vehicle was parked at her residence, the seat had been cut and an Eveready black heavy duty flashlight and a silver casing utility knife were taken.

■ Feb. 25 - Jason A. Fleming, 23, of Maryville, was arrested for driving while intoxicated after his blood al-

cohol content tested over the legal limit. He also received a citation for defective equipment.

■ Feb. 25 - A Maryville female reported that while her vehicle was parked at her residence, the silver grille was taken from the front of her vehicle.

■ Feb. 25 - A Maryville female reported that while her vehicle was parked at her residence, person(s) removed several cassette tapes. The loss value is about \$12.

■ Feb. 25 - A Maryville female reported that an Audio Vox handset and a cord and screw-on antenna to a cellular phone was taken from her vehicle while it was parked at her residence. The loss value was \$350.

■ Feb. 26 - A local business reported that a male subject had checked into a room, damaged it and left without paying for a meal and phone calls. Damages were cigarette burns on the carpet, a reclining chair and a bed sheet. Also, a phone cord was cut and taped back together. Contact was later made with the subject, Randy L. Christian, 21, of Maryville, who was issued summonses for both property damage and larceny.

■ Feb. 26 - A Maryville female reported that someone cut the passenger seat of her vehicle with a sharp instrument while it was parked at her residence.

■ Feb. 26 - An officer issued summonses for trash violation to Bonnie Williams, of Maryville, after receiving a complaint of a trash violation in the 300 block of North Market.

■ Feb. 26 - A Maryville male reported the theft of his black cloth billfold, which contained approximately \$20 cash, his driver's license, credit cards, bank card and various membership cards while it was in his vehicle, which was parked at his residence.

PRINCIPLES of SOUND RETIREMENT INVESTING

Form 1040 U.S. Individual Income Tax Return (O)

Department of the Treasury—Internal Revenue Service

For the year Jan. 1-Dec. 31, 1994, or other tax year beginning

Your first name and initial

Label (See instructions on page 1)

Joint return: spouse's first name and initial

Self, if you have a P.O.

and ZIP code, if you

PAIN.

Teachers Insurance and Annuity Association
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APPLICATION FOR TIAA AND CREF SUPPLEMENTAL RETIREMENT ANNUITY CONTRACTS

Please type or print in ink and provide all information requested

PERSONAL INFORMATION

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Job Title / Position

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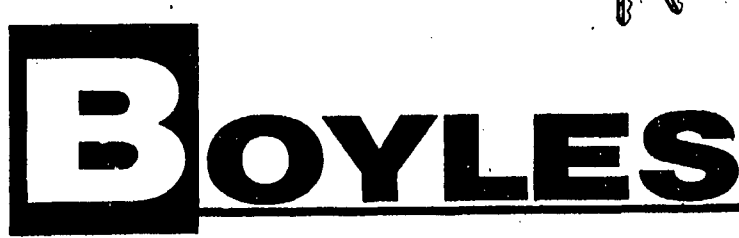
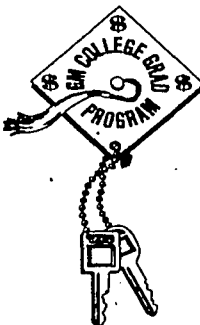


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Though the names will change, the quality will remain.

Old

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Kiddie Castle
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St. Francis Home Health Services
St. Francis Hardin Medical Clinic



St. Francis Hospital & Health Services
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Wedding



Tom Alger and Heidi Schlegelmilch

Tom Alger and Heidi Schlegelmilch, of Moberly, were married at East Avenue United Methodist Church in York, Neb., Dec. 29.

Alger graduated from Lawrence High School and earned a bachelor's degree in education from Northwest. Schlegelmilch graduated from York High School and earned a bachelor's degree in organizational communication and speech at Northwest.

Read us for all your local Maryville news and University news.

NorthwestMissourian

Births

Ryan Stephen Ginther

Steve and Sheryl Ginther, of Barnard, are the parents of Ryan Stephen, born Feb. 16 at St. Francis Hospital in Maryville.

He weighed 7 pounds, 12 ounces. He joins one brother at home.

Grandparents are Leo and Viola Luke, of Stanberry; Clarence and Lois Gockel, of Stanberry; Mary Mattson, of Savannah; Marie Ginther, of Stanberry; Anna Gockel, of Baileyville, Kan.; and Regina Luke, of Savannah.

Katie Lynn Graham

Troy and Rhonda Graham, of Savannah, are the parents of Katie Lynn, born Feb. 19 at St. Francis Hospital in Maryville.

She weighed 6 pounds, 2 ounces. She joins one brother at home.

Grandparents include Ron and Connie Roberts, of Savannah; Phil and Connie Graham, of Savannah.

Hallie Anne Henggeler

Phillip and Gail Henggeler, of Pickering, are the parents of Hallie Anne, born Feb. 16, at St. Francis Hospital in Maryville.

She weighed 7 pounds, 8 ounces. She joins two brothers at home.

Grandparents are Mr. and Mrs. William Turner, of Hopkins; and Mr. and Mrs. Gene Henggeler, of Stanberry.

Sierra Cheyenne Matheny

Lonnie and Jennifer Matheny, of Bedford, Iowa, are the parents of Sierra Cheyenne, born Feb. 20

at St. Francis Hospital in Maryville.

She weighed 7 pounds, 4 ounces.

Grandparents are Loren Tornholm, of Gravity, Iowa; Connie Townsend, of Bedford, Iowa; Ellen Gibson, of Bedford, Iowa; Leonard and Elsie Tornholm, of Red Oak, Iowa; and Lowell and Dorothy Dugan, of Gravity, Iowa.

Jackson Michael Zimmerman

Rob and Cammi Zimmerman, of Maryville, are the parents of Jackson Michael, born Feb. 25, at St. Francis Hospital in Maryville.

He weighed 8 pounds, 8 ounces. He joins one brother and sister at home.

Grandparents are Betty McFarland, of Gardner, Kan.; Byron McFarland, of LaQuinta,

Calif.; and John and Lucille Zimmerman, of Maryville.

Joel Evan Scroggie

Ron and Deanna Scroggie, of Ravenwood, are the parents of Joel Evan, born Feb. 25, at St. Francis Hospital in Maryville.

He weighed 9 pounds, 10 ounces.

He joins five brothers and two sisters at home.

Grandparents are Arza and LaVera Boswell, of Ravenwood; John and Chris Scroggie, of Ravenwood; Beatrice Wildish, of Ravenwood and Delma Myers, of Sedalia.

Olivia Michelle Lewis

Larry and Janice Lewis, of Ravenwood, are the parents of Olivia Michelle, born Feb. 24, at St. Francis Hospital in Maryville.

She weighed 7 pounds, 13 ounces. She joins one sister at home.

Grandparents are Marsha Green, of Liberty; Harrell Green, of Lake City, Fla.; Don and Eloise Lewis, of Parnell; Ralph Huber, of Kansas City; Effie Green, of Ravenwood and Rosella Lewis, of Ravenwood.

Dustin Allen Wolters

Tim and Angela Wolters, of Maryville, are the parents of Dustin Allen, born Feb. 23, at St. Francis Hospital in Maryville.

He weighed 7 pounds, 4 ounces.

Grandparents are George and Kay Bowles, of Bethany; Ken and Silvia Wolters, of Walla Walla, Wash.; Alice Stowe, of Bethany; and Lola Bowles, of Bethany.

Obituaries

Forrest Gray

Forrest Lee Gray, 84, of Maryville, died Feb. 24, at St. Francis Hospital in Maryville.

He was born May 19, 1911, to Marion and Mattie Carmichael, of Pickering.

Survivors include his wife Lucille Gray, of the home.

Services were Monday at the Price Funeral Home Chapel in Maryville.

Burial was at the Oak Hill Cemetery.

Lawrence Benedict Lager Sr.

Lawrence Benedict Lager Sr., 79, of Savannah, died Tuesday, Feb. 20, at Maryville Chateau in Maryville.

He was born July 17, 1915, to Herman and Agatha Lager.

Survivors include his wife, Beatrice; two sons, Lawrence and Charles; and three daughters, Rose Frueh, Berniece Stephen-son and Mary Metchalf.

Services were Friday at St. Columba Catholic Church in Conception. Burial was at St. Columba Cemetery in Conception.

Robert Lee Reno

Robert Lee Reno, 65, of Maryville, died Tuesday, Feb. 20, at the Village Health Care in Maryville.

He was born Oct. 27, 1930, to William and Emma Reno, of Halls.

Survivors include two sons, Earl and Reginald; six daughters, Victoria Shipley, Tanya Hendrix, Donetta Reine, Hamala John, Tyanna Marriot and La-Shawna Pankau.

Services were Thursday at Johnson Funeral Home in Maryville.

Burial was at the Miriam Cemetery in Maryville.

Nelson L. Tunnell

Nelson L. Tunnell, 84, of

Maryville, died Wednesday at his home in Maryville.

He was born Jan. 12, 1912, to Peter and Marietta Wagner, of Graham.

Survivors include his wife, Frieda; four sons, Gary, Roger, Kirby and Mike; four daughters, Marilyn Wright, Deloris Proffit, Karen Vansickle and Rita Staples.

Services are Friday at 7 p.m. at Price Funeral Home. Burial will be Saturday at 2 p.m. at Nodaway Memorial Gardens.

Local elementary students participate in Northwest Missourian Design An Ad Contest

Congratulations to the students of Horace Mann Learning Center, Eugene Field Elementary and St. Gregory's School for excellent work on the included advertisements.

As readers may have noticed, several ads in this weeks *Missourian* are very creative and unique. These ads are part of a Design An Ad Contest by the Northwest *Missourian*.

Participants of the contests are all fourth grade students from Maryville schools. Each class, seven total, were given logos and basic information about local businesses to design an advertisement.

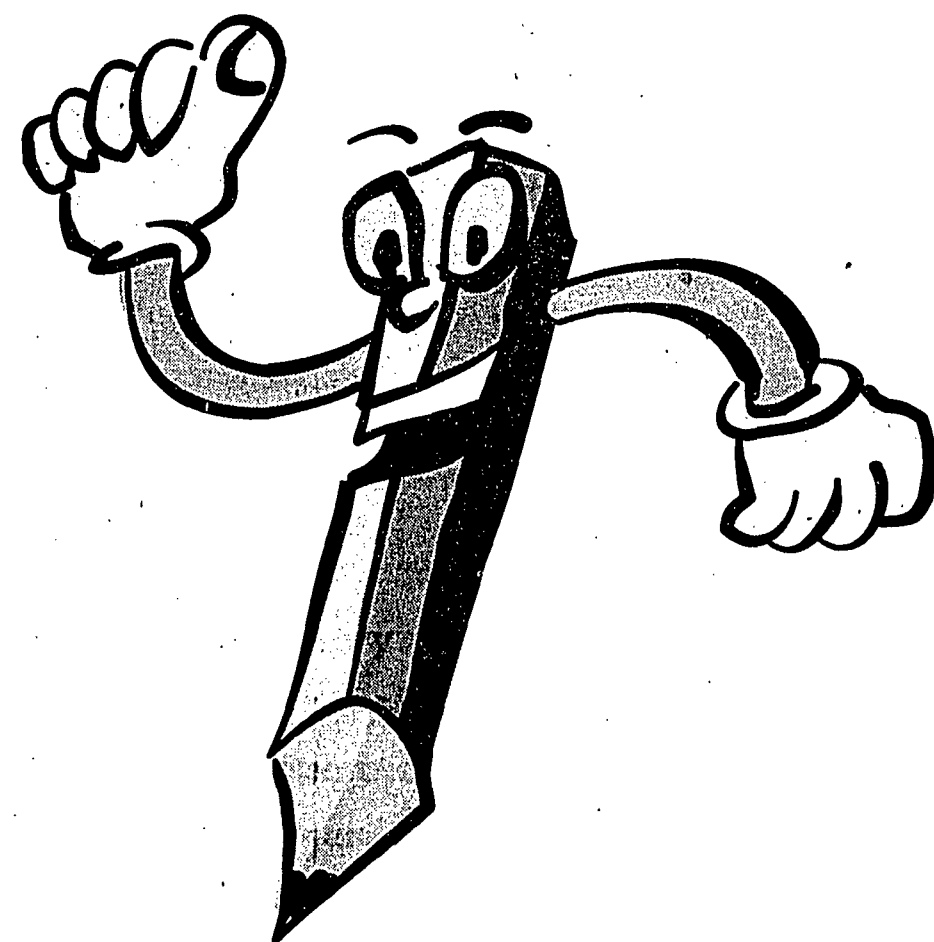
All ads were judged and are now presented throughout this issue.

Prizes were awarded for first and second place winners. A \$50 bond is given

to one student in each classroom for the overall prize.

All prize donators are listed below the winning student's name.

The *Missourian* is very proud of the contest participants and hope the contest will be a bigger success next year.



The *Missourian* would like to thank the following businesses for their support and contributions.

- New England Business Service
- Kawasaki
- Looks Hair Salon
- Store of Colors
- Nodaway Valley Bank
- Bank Midwest
- Maryville RII School District
- Missouri Twin Theatre
- Northwest Power Sales
- Earl May Nursery
- Maryville Florists
- Roosevelt Bank
- KDLX Radio
- Movie Magic
- Student Body
- Spec Shoppe
- Rod's Hallmark
- Taco Johns
- Hy-Vee
- Stuarts
- Pizza Hut
- Hardees'
- Re-Threads

A

Around SPOOFHOUND

Story by
Rob J.
Brown

Edmonds relies on his work ethic to excel in everything he does

A stereotypical young man of the 1950s was hard working, polite and intelligent, somewhat of a "choir boy." If this stereotype is true, then one high school student is straight out of the "Leave it to Beaver" era.

Senior Jeff Edmonds excels in every aspect of his high school career at Maryville. Jeff combines athleticism, intelligence and natural singing ability into all of his 6-2 inch body.

Edmonds served as the starting center on this year's successful Spoofhound basketball team. He has attained a perfect 4.0 grade point average, and he is a two-time all-state choir member.

Jeff, a three-time varsity track member, holds the school record for the 300-meter intermediate hurdles. He also led the basketball team in rebounds and was second in overall scoring.

However, Jeff makes academics paramount to all other activities.

"I have always tried to put schoolwork first because that's what is going to send me to college," Edmonds said.

When the 3 p.m. school bell sounds, Edmonds is still busy with his numerous extracurricular activities.

Edmonds serves as student body president, president of National Honor Society and is on the Fellowship of Christian Athletes advisory board.

"Jeff is a leader in no matter what he is involved in, whether it be sports, music or academics, he has a real quality of leadership," MHS choir instructor Marilyn Rhea said. "He inspires those around him to be better, that is a real quality of leadership doing by example."

Edmonds was the first freshman ever to enter the advanced choir class under Rhea. She has seen Edmonds develop in all aspects in high school.

"I think what drives Jeff is a real need to be excellent, not just adequate or average," Rhea said.

He is active in the choir program at MHS in Spectrum, Concert Choir and has a key role in the musical production "Lil' Abner" as villain, General Bullmoose. He also has sung the national anthem before basketball games.

"It's the least physical thing I do," Edmonds said. "It requires a lot of different things than sports do. It's easier because I have more natural ability in it."

Edmonds is also a diehard Spoofhound and Bearcat sports fan. Last year he was awarded the Brad Horn Memorial Spirit Award for the most spirit shown by an MHS student.

He plans to pursue a pre-physical therapy degree at Northwest. He also will be trying out for a vocal music scholarship in March and eventually for Tower Choir and Celebration musical groups on campus.

"I want to go into physical therapy, but I'd like to keep vocal music as part of something in my life forever, not just in college," Edmonds said.

Jeff shows a will and desire to succeed in everything he is involved in.

"I believe that if you try something, you might as well try your hardest at it," Edmonds said. "I am always willing to try and try hard to get it done."

Edmond's dad, Dan, is the assistant boys basketball coach at MHS. Serving under this position has given Dan a chance to work closely with his son.

"I enjoy the opportunity to be with him outside of the house," Dan said.

"We spend lots of time together that we normally might not."

Dan said he and his wife always try to teach their kids to try their hardest.

"We are very proud of Jeff," Dan said. "Of course I am proud of everything equally that all of my sons have done, but Jeff has experienced some great things."

Mike Thomson, MHS guidance counselor and boys' varsity track coach, heaves high praise on Jeff's drive and character.

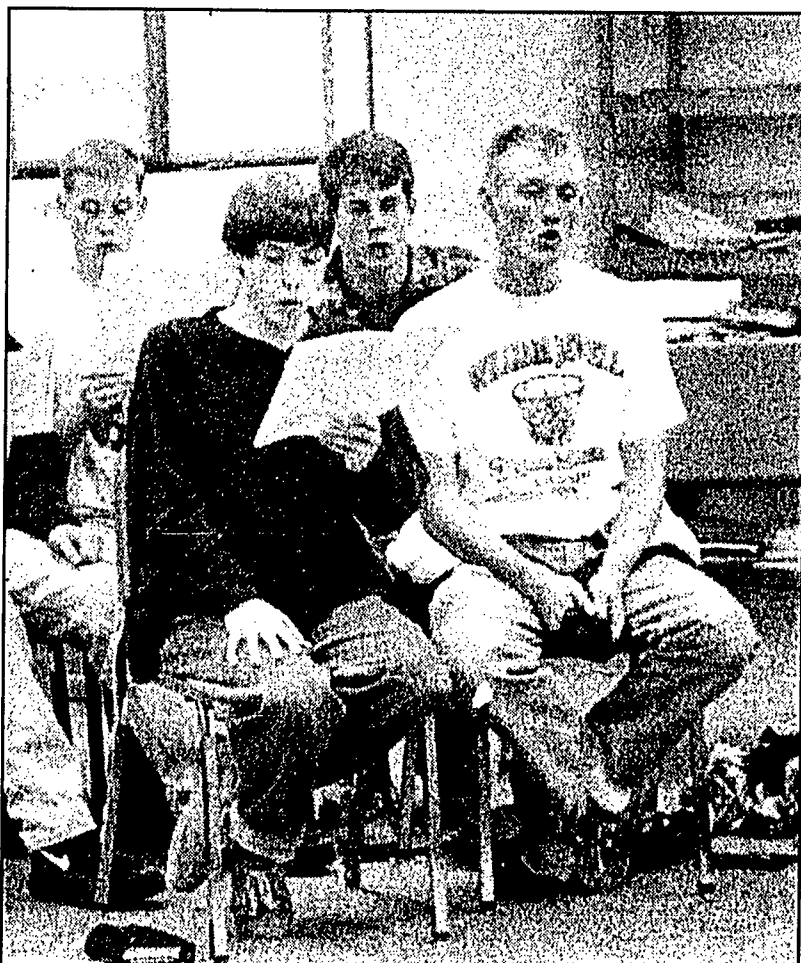
"He gives you everything he's got," Thomson said. "You never have to push Jeff; he has already done the pushing."

"He gives you everything he's got. You never have to push Jeff; he has already done the pushing."

Mike Thomson
MHS Guidance
Counselor and track
coach



File Photo



JACY FREAR/Chief Photographer

An easy bucket. (top) Senior center Jeff Edmonds goes up for a layup in a game this season. Edmonds was the smallest center in the Midland Empire Conference but still managed to average 9.5 points and six rebounds per contest.

Do-Re-Mi. (left) Edmonds boasts his baritone voice in Concert Choir class. Edmonds is a two-time all-state choir member.

Spoofhounds end season with heads held high

Maryville drops District 16 title game to the Chillicothe Hornets

ROB J. BROWN
CHIEF REPORTER

The Maryville Spoofhound boys basketball team suffered a heartbreaking defeat by an arch-rival, but after the loss the 'Hounds exited the gymnasium with heads held high and feeling proud.

Maryville secured the second place plaque, dropping its battle for the District 16 championship with Chillicothe High School, 57-67.

"I hated to see the season end, and for that, there is a little sadness," head coach Mike Kuwitzky said. "But for the effort put forth, the quality of our play and our teamwork that we showed, this team did great."

Senior point guard Jeremy Dorrel scorched the nets for 20 points against the Hornets. Senior center Jeff Edmonds dumped in 17 points, while senior guard Heath Burch hit for 12.

"We did a lot more than anyone expected," Burch said. "We were only a few plays away from

a district championship."

The 'Hound squad ended the season with 18 wins — a feat that was thought to be nearly impossible at the beginning of the season.

"I thought we had a great effort: we played one of our best games of the season," Kuwitzky said. "I really don't think I could ask much more out of this group of boys. They can really hold their heads high."

This squad overcame the adversity of trying to complement a 31-1 season last year by sweeping rivals Savannah and Lafayette in the Midland Empire Conference, owning a Savannah Tournament win, and a victory over state-ranked MEC foe Chillicothe.

"These guys played their best ball at the end of the year," Kuwitzky said. "With all of their accomplishments throughout the year, their hard work paid off — I am very proud of them."

This year's squad was supported by senior class, assisted by some talented younger

players. The 'Hounds started a crew of five seniors with several unique styles of play.

Dorrel ended the season third for the season assist record at MHS and second all-time in career assists.

"J.D. had a fantastic season for us," Kuwitzky said. "He is easily one of the best point guards I have coached. He gave us a solid year and a great career."

Edmonds was the smallest center in the conference, yet led the Spoofhounds in rebounds and was second in scoring.

"Jeff played a major role for us this year," Kuwitzky said. "At 6-2, he was our center and was tough inside."

Burch was a major threat behind the three-point arc as well as a exemplifying leadership for the 'Hounds.

"Burch had some big games for us; he was a starter," Kuwitzky said. Forwards Tony Galanakis and Thate Wilmes

were strong assets for the 'Hounds. Galanakis played tough, scrappy defense and Wilmes shot 50 percent from the field giving the Spoofhounds major threats.

"Thate and Tony gave us great improvement this season," Kuwitzky said. "They have improved as much as any players I have had."

Maryville succeeded by playing scrappy defense and using a selective high percentage offense, shooting 44 percent from the field as a team.

"Defensively, this team was as good as we've had," Kuwitzky said. "We turned out to be a good shooting team, and we had balanced scoring, which is an attribute to our great teamwork. If someone wasn't hot, somebody else stepped up and hit the shots when we needed them."

Dorrel said he will remember this team for its outstanding improvement in the season.

"I will always remember how far we came as a team," Dorrel said. "We started out the year with nothing and turned our season into a success."

Tobins: Hometown heroes make impact in the National Football League

Story by Nate Olson

"I think you are a product of what your parents are. Our parents taught us to work hard and to make a living, and they have taught me the values to be successful in life."

Vince Tobin
Phoenix Cardinals head coach

Tobin is a name that is respected and revered in the National Football League, but none of that respect and pride can be equaled to what two towns in northwest Missouri feel.

Before they were football geniuses, Bill and Vince Tobin were farm boys who grew up near Burlington Junction and played every sport imaginable at Maryville High School.

The mystique of the Tobin name was heightened a few weeks ago as Vince quit his job as defensive coordinator for the Indianapolis Colts to take the head coaching job for the Arizona Cardinals. Bill is vice president and director of football operations for the Colts.

Vince said it is rewarding to be in the position because he has worked his way up from a small town.

"Anytime you come from a small town and make it in a big city world, it is rewarding," he said.

Kathleen Dolph, Bill and Vince's older sister, still lives in Burlington Junction with her husband, Tom.

Dolph said she and her other six siblings were all raised to love sports.

"We all played sports," she said. "We were all sports-minded, and we went to a lot of the games. Mom and Dad never missed games."

Dolph said both Vince and Bill were good athletes.

"Bill was an outstanding athlete," she said. "Vince was short and not as fast, but he was a winner. He either won or found out why he did not win."

Both boys, like all of their siblings, were required by their parents to be schooled for their first years of education in the Catholic school.

When Bill graduated junior high, he decided to go to public school, but Burlington Junction did not offer football.

Bill decided to commute to Maryville and Vince followed him.

Vince said he has fond memories of his hometown area and loves to visit.

"I have very pleasant memories of playing sports at Maryville High School," he said. "I still come back and visit. The people you know when you are young help you and are great friends. Some of those people are still around, so it is fun to see them."



Photo courtesy of Kathleen Dolph

Sibling Success. Bill (left), vice president and director of football operations for the Indianapolis Colts, and Vince (right) Tobin, head coach of the Phoenix Cardinals, pose together.

Bob Loch, co-owner of Loch Sand and Construction Co. in Maryville, grew up with Bill and Vince and was the best man in Vince's wedding.

Loch said he remembers the competitive fire the boys showed in high school.

"They were fierce competitors, and they were just extremely competitive in every sport," he said. "They had a tremendous desire to win."

Loch said despite their athletic prowess, neither of the brothers were ever arrogant.

"They were never cocky in high school or in college," he said. "They were team players and they just wanted the best for the team."

Maryville High School was the catalyst to success for both boys as they both went on to play football for the University of Missouri-Columbia.

After graduation both brothers became involved in the professional ranks and now both have reached the upper level of the NFL.

Dolph said no matter how much fame and success her brothers attain, she will always think of them as she always has.

"To me they are still Bill and Vince," she said. "Seeing them on TV makes me proud and happy. Even though they are big shots, they are still wonderful people."

Loch agreed that success has not tainted Vince and Bill's morals.

"Both men have retained the values they learned from their parents and that shows in their families."

Vince credits his mother and father with instilling values in him and his siblings and helping him succeed.

"I think you are a product of what your parents are," he said. "Our parents taught us to work hard to make a living and they taught me the values that have helped me to succeed in life."

CAREER STATS

Vince

Player: 1961-64 at the University of Missouri—Columbia
Coaching career: grad assistant at Missouri and defensive assistant from 1967-76
British Columbia Lions of the CFL from 1977-82
Philadelphia/Baltimore Stars of the USFL defensive coordinator from 1983-85
Chicago Bears defensive coordinator from 1986-93
Indianapolis Colts defensive coordinator from 1994-95
Phoenix Cardinals head coach, recently appointed.

Bill

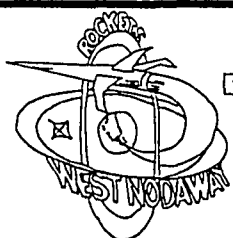
Player: 1959-61 at the University of Missouri—Columbia
Houston Oilers, 1963
Edmonton Eskimos, 1964-1966
Orlando Panthers 1967-68
Coaching career: grad assistant at Missouri 1964-66
Offensive Coordinator at Central Connecticut University, 1968-70
Administration: scout then director of scouting of Green Bay Packers from 1971-74
Director of scouting for the Chicago Bears from 1975-1983, director of player personnel, 1984-93
Vice President and director of football operations for Indianapolis Colts 1994-present

Spotlight on WEST NODAWAY



In order to meet college admissions requirements, the West Nodaway R-I School District has increased its class offerings to students. One such addition this year is a Spanish program that has been implemented for all students, kindergarten through 12th grade.

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Prize Donated by Bank Midwest

HERE'S THE

By Kerry O'Keefe
Missourian staff

BEEF?

Vegetarians find different reasons for lifestyle, face similar challenges

It's not that vegetables drive them mad with desire, or that the thought of harming even a fly makes them sick. Vegetarians choose their lifestyle for larger reasons, such as strong feelings about health, the environment or animal rights.

There are several different types of vegetarian diets:

- Veganism excludes meat, fish, fowl, eggs and dairy products.
- Lacto-vegetarians avoid meat, fish, fowl and eggs.
- Ovo-lacto-vegetarians avoid meat, fish and fowl.
- Semi-vegetarians allow a limited amount of most animal foods.

In addition to not eating animal foods, some vegetarians avoid honey, alcohol, caffeinated beverages, highly processed foods, foods that are grown or processed non-organically or that have additives or preservatives. According to "Veganism in a Nutshell," when planning any type of vegetarian diet, one should eat a wide variety of foods that includes fruits, vegetables, whole grains, nuts, seeds, low-fat dairy products or fortified soy substitutes.

One reason some people turn to vegetarianism is that the thought of eating an animal's flesh disgusts them.

"I became a vegetarian because it made me nauseous to think about where the meat came from," Megan Greer, fashion merchandising major, said. "It wasn't a total lifestyle change for me because I never really cared for meat in the first place."

Greer has been an ovo-lacto-vegetarian for over six years and feels much healthier since she has changed her eating habits.

"In order to get protein, I eat veggie burgers from the grocery store," she said. "Campus Dining doesn't have a whole lot to offer someone on a vegetarian diet."

The article also says vegetarians should be careful about making sure they eat enough iron and vitamins B-12 and D. They can eat dark green leafy vegetables, watermelon, and many types of peas and beans, iron-fortified cereals and whole grains to increase iron in the body.

In order for their diet not to be detrimental to their health, they should take a vitamin B-12 and/or D supplement and/or drink

vitamin D-fortified milk.

"Being a vegan can be a healthy lifestyle if it is done in moderation," campus dietician Michelle Martin said.

Martin said she does not find it hard to plan meals to suit the many types of diets. Campus Dining has offered more chicken and fish than in the past and also offers a good selection of vegetables and the salad bar.

Besides choosing vegetarianism for health reasons, some do it for social reasons.

Wendy Sue Freeman, Hudson Hall director, became an ovo-lacto-vegetarian five years ago to protest how animals are killed for food.

"My body has gotten used to not eating meat, and I feel much healthier," she said. "My grocery bill is only about \$30 a month. I buy vegetables, fruit, pasta, rice and garden burgers."

For Dan Ziemann, Dieterich Hall director, becoming a vegetarian has been difficult.

"It is hard because there little options offered on campus, no variety," he said. "If I was provided a more vegetarian diet, it would be easier."

Ziemann has cut out all red meat from his diet except poultry. When meat is cut out of a person's diet, the chances of suffering from several diseases decrease.

Heart disease, obesity, noninsulin-dependent diabetes, osteoporosis, kidney stone, gallstones and diverticular disease are just a few of the diseases.

The mortality rate is much lower for vegans than for meat eaters. Although the lifestyle and the family history of each person also plays a part in contracting a disease.

Regardless of what they consume, vegetarians and nonvegetarians must obtain adequate health monitoring throughout their life cycles.

Becoming a vegetarian is not something to do overnight — research it more and consult a doctor before changing your diet.

For more information, contact Animal Alternatives P.O. box 262396 San Diego, CA, 92196-2396. You can subscribe to *Simply Vegan* by sending \$12 to The Vegetarian Resource Group Box 1463 Baltimore, MD, 21203. On the World Wide Web, bobbi@clark.net can also provide more information.

*Former vegetarians return to lifestyle*VIRGINIA PETERS
MISSOURIAN STAFF

While some people choose to become vegetarians and remain so for the rest of their lives, others find it difficult to continue eating only fruits, vegetables, dried beans and an occasional soy product.

There are many reasons why people become vegetarians. Some change their eating habits for religious reasons. Others become vegetarians because they believe raising animals for food is inhumane. Still others find it more economical to eat only vegetables.

"I simply didn't like the taste of red meat," Rena Burson, of Maryville, said. "In fact, up until I married, I was a vegetarian. My husband had to have meat at every meal, so I went back to eating red meat."

Many people who used to be vegetarians still enjoy eating an occasional soy product.

"Some of the soy products are really delicious," a woman from Shambaugh, Iowa, said.

As Americans seek healthier lifestyles, it seems that more and more people are turning to alternative foods.

"I think we're seeing a rise in vegetarianism," said Clara Burson, Maryville High School home economics teacher. "People are becoming more and more health conscious."

Some individuals who stopped being vegetarians are deciding to go back to that lifestyle.

"I am definitely going back," Rena Burson said. "I want to feel healthier, and I think going back to vegetarianism is the answer."

InReview

Conservatives: Stay away from this book

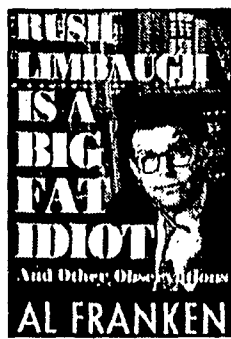
Reviewer: Colleen Cooke, features editor
Book: "Rush Limbaugh is a Big Fat Idiot" by Al Franken.
Author: Al Franken
Grade: A-

Be warned: If you are even a little bit conservative in your political orientation, do NOT read "Rush Limbaugh is a Big Fat Idiot" by Al Franken. The last thing we need is a conservative who is even more indignant than you already are.

Because frankly, this book is a wonderful ride through the conservative side of politics through a liberal's eyes, and you would not enjoy it in the least. Luckily, the majority of the book is not about Limbaugh; Franken candidly admits that the only reason for the title is that he knew it would sell books. He's right — after being released in January, "RLIBFT" rings in soundly on the best-seller list at No. 1. (Available for \$21.95 at the Bookstop.)

Well, the title worked on me. But then again, I freely admit I'm biased on this review (duh, ALL reviews are biased) because I'm blatantly a liberal. But hey — that's who this book was written for, just like Limbaugh's books were written for dittoheads (or Didiots, as Franken calls them).

Boasting such chapter titles as "The Reagan



Years: Rush Limbaugh is a Big Fat Liar" and "Pat Buchanan: Nazi Lover." "RLIBFT" reeks of liberalism the way Limbaugh's show reeks of, well, Limbaugh. In fact, at points (let's be honest — in every single word) Franken fights conservative fire with liberal fire

by turning a mean-spirited pen on the leaders of the Republican party. However, he does defend this bit of meanness in Chapter 13:

"I hope it's clear to you by now that this book is a satire about the breakdown in the civility of public discourse. I'm making fun of meanness in public debate by being mean myself. It's called 'irony.' Perhaps you've heard of it?"

However, the book is not solid gold, although it's a really high quality of platinum or lustrum. Franken harps on Limbaugh's weight just a tad too much (the entire index is a list of real and fake fat jokes references in the book). And Franken has a tendency to repeat jokes a bit — perhaps this is just his way of establishing them, or maybe he just ran out of things to say.

But beyond these rather small flaws, Franken's use of satire is a bitingly sarcastic and fierce look into politics, leaving in its wake a clearer view than any Republican candidate for president could currently offer.

His satire works best when he throws Republicans' words back at them, making them look nasty and stupid in the process. Not only that, but he also brings in respectable evidence to back up his claims, catching people like Limbaugh and Newt Gingrich in blatant lies.

Actually, Al Franken's use of irony is not unlike my Uncle Dave. Whenever I talk to Dave on the phone, I'm never sure if he means what he says or if he's just joking — I can't tell without being able to see the sly smile that creeps across his face.

The same is true for Franken — even though he claims everything is satire, does he really mean it when he says Clinton is the greatest post-war president? It's hard to tell without the smile.

If the "greatest president" line didn't put you completely off to the book, and if you avoid Limbaugh like the plague, this book would provide a hearty chuckle or two for you. But, if everything I've written about makes you all the more certain that Democrats are spawns of the devil, stay away — far away. Just don't say I didn't warn you.

COLDEN

continued from page 1

opposite side you came in on. It's not unusual to look out the window of a third-floor room and be amazed to see the Tower instead of Colden Pond.

This well-used boomerang began its life at Northwest on May 1, 1959, as the generic Classroom Building, housing the departments of history, education, psychology, language and literature, social science and business. However, the building was originally intended for science and fine arts, but it was not feasible for those departments' needs, according to "Towers in the Northwest" by Virgil and Dolores Albertini.

Boasting 73,728 square footing and a capacity for 3,000 students, the Classroom Building filled an important and welcome need on campus — higher enrollment.

In 1961, the Classroom Building officially became Colden Hall, named after Charles Colden, the first president of Northwest's Board of Regents. Not only did Colden work hard to bring the school (then called the Normal School) to Maryville in the 1900s, but he also chose the

phrase that now greets visitors of the Administration Building: "And the truth shall make you free."

Of course, as with all buildings, Colden had to undergo facelifts and improvements to bring it up to date. The air conditioning that so many sweaty students relish during the early fall weeks did not come to Colden Hall until summer 1975.

Even though Colden Hall did not suffer the same fate of the Administration Building in that now infamous July 1979 fire, the classroom building did experience residual effects.

Because the Ad Building could no longer house classes, Colden took in the overflow of students. On top of that, enrollment was increasing, hitting 4,401 students for fall 1979.

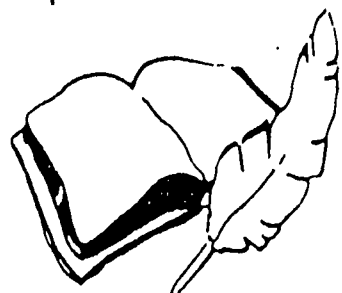
More recently, Colden Hall has been the site of a few bomb threat scares, which took place in the late 1970s and early 1980s, English professor Carol Fry remembers.

Such events centering around Colden Hall and Northwest in the past seem to mirror the events of the present. Northwest in 1996 is also seeing a rise in enrollment figures, as well as many renovation projects.

From page ... to screen



Although it has appeared in many forms on the silver screen, the legend of King Arthur was remade last year in "First Knight," starring Richard Gere, Julia Ormond and Sean Connery. Photo courtesy www.hollywood.com/movies/photo.html ©1995CPII



Classic novels find new homes in current cinematic adaptations

By Jeni Klamm

Cutting, revising, improvising—these are some of the downfalls of turning novels into movies, but whether you would rather read "Hamlet" or watch "Sense and Sensibility," all of the entertainment can still be captured.

Northwest English professors have their own ideas on the best movie adaptations of the classics.

Professor Mike Jewett favors adaptations of William Shakespeare's works such as renditions of "Richard III."

Jewett also favors author Jane Austen, who wrote "Sense and Sensibility," which was recently released into theaters with high praise.

"In order for novels to be made into movies, producers have to ignore the length," Jewett said. "'Ulysses,' which was written in 1922, had to be cut a lot, but it still captured the meaning successfully."

Jewett argued that Charles Dickens' novels could be made into wonderful movies, but none

have been under production lately.

Jewett disliked the recent adaptation of "Huckleberry Finn," released as "Tom and Huck," starring Jonathon Taylor Thomas.

"One of the worst interpretations of novels has been 'Huckleberry Finn,'" Jewett said. "I can take a lot of improvisations, but sometimes it is better as a novel."

English professor Virgil Albertini believes that almost all novels are better than their movie adaptations.

"Novels are usually better than movies, especially the Pat Conroy novel 'Prince of Tides,'" Albertini said. "I sat through the movie analyzing it because I was waiting for specific things to hap-

pen that didn't."

Both professors believe movies usually leave out important information, but Albertini looks at movies as a different artistic display.

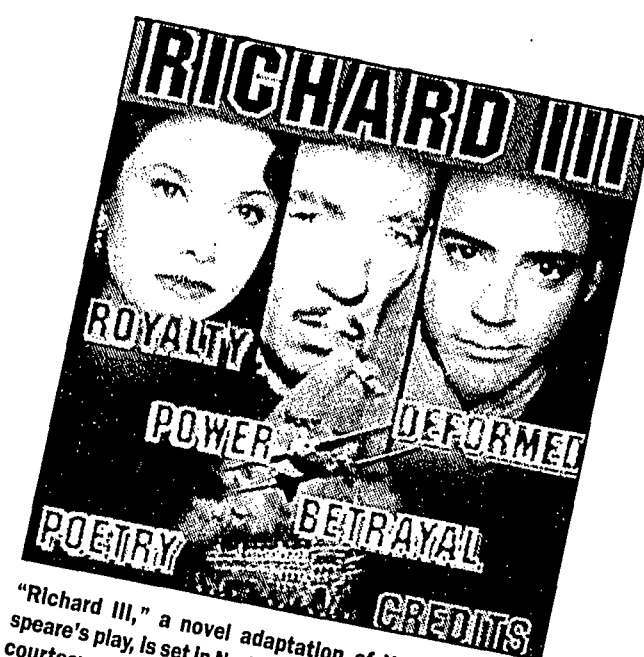
"Movies will never be the same as books, but that doesn't bother me. I look for artistic ability when watching a movie — of course it's going to be different."

Virgil Albertini
English professor

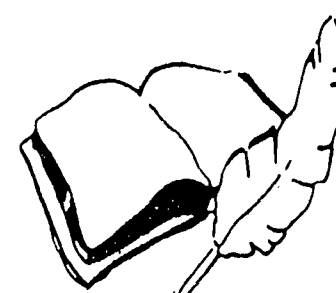
"Movies will never be the same as books, but that doesn't really bother me," Albertini said. "I look for artistic ability when watching a movie—of course it's going to be different."

One of Albertini's favorite movies that was once a novel was "Bang the Drum Slowly," by Mark Harris.

"It was Robert DeNiro's first role and the book was exactly like it," Albertini said. "It was one of the best movies as far as a remake of a novel."



"Richard III," a novel adaptation of William Shakespeare's play, is set in Nazi Germany of the 1930s. Photo courtesy www.mgmua.com/richard/index.html



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